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## Labyrinthine meaning in medical term

Alot Health &t Wellness For the record, never stop taking medication without talking to a doctor first. Stopping certain drugs can suddenly have serious side effects. We often just assume that the medicine we drink is good for us. Our doctor told us to take them, right? It is smart to follow a doctor's orders because they know about health better than anyone else. Unfortunately, that does not mean that the drug is good in the long run. There are many reasons why someone should at least ask your doctor questions about what you are prescribing. Many doctors prescribe medications designed for the short term, and someone who takes them long-term can cause problems. Sometimes, you should ask for a different type of drug than they originally suggested. Remember, the world of science is always changing. There are always tests done and redone. We may realize tomorrow that what we consider good for us today may not be good for us in the long run. For example, everyone used to smoke. Now, we know that small rolls of tobacco are very dangerous for us. Our doctors do their best to stay on top of this research, but sometimes, there are many conflicting answers; other times, there are too many for them to process. Even those studies aren't always accurate. Pharmaceutical companies that just want to make money from you buying their drugs for all your foreseeable future often sponsor studies. These studies are not always trustworthy to be unbiased. After all, they sponsored studies that say opioids are good for us, yet we are now facing an opioid overdose epidemic. Sn sn. to say, there are many digs that need to be done if you want to take the drug for a long period of time. These are the 22 drugs we found that could be dangerous to you. Diuretics force the body to expel excess water to help the kidneys. Long-term use can deplete the body of vital minerals due to this flushing, eliminating minerals such as potassium and magnesium. These drugs have also been linked to increased rates of death and heart failure. Image via: Facebook. In addition, diuretics can interact negatively with drugs and other conditions. These include things like Prozac, blood pressure medications, and diabetes. Like other drugs, using sleeping pills is fine short-term. However, if you use it long term, you can build tolerance, and you will need a stronger dose. Quitting the med might seem impossible. Even for those who are not diagnosed with insomnia can find it difficult to sleep. Whether they are over-the-counter or prescribed, sleeping pills are not considered safe for long-term use. (Image via Facebook) Anti-Inflammatory Drugs or NSAED, used to reduce pain and inflammation. Therefore, we see people using it for long periods of time. This can be problematic for older adults, where we see they are at risk for indigestion, ulcers, and the stomach and colon It is not unusual to see blood pressure rise or see kidneys harmed due to these drugs. Users are even at risk of heart failure. Image via: Wikipedia. Xanax is a very commonly used drug for anxiety and panic disorders. There are about 50 million prescriptions for it issued each year. Valium, another similar drug, is also very popular. What most people don't realize, however, is that they are dangerous drugs. Any benzodiazepine drug, like these two, harms the user. In addition to addiction, benzodiazepines drugs can cause some brain-related problems such as delirium, psychosis, depression, memory impairment, and sedation when they are used long-term. Image via: Wikipedia. Doctors are becoming less likely to prescribe antibiotics unless absolutely necessary. Using it long term can cause adverse side effects on the immune system, including pain with disease due to drug-resistant bacteria. (Image via Facebook) It can also cause digestive problems due to a lack of healthy bacteria in your gut. Antibiotics have also been linked to an increased risk of Type 1 diabetes with prolonged use. Prozac is an antidepressant drug used by nearly 6 million Americans. Most people take it without hesitation – scary when you assume that it is a drug designed to change the composition of your brain. They are meant to be taken during the peak year or two, but the drug is highly addictive, and many people choose to keep taking it for a longer period of time. Antidepressants are associated with abdominal bleeding, low sodium levels, and an increased risk of stroke. Image via: Wikipedia. Heartburn is very common. Most people will suffer in some way at some point during their lives. Heartburn is a misleading name, though. This is the result of stomach acid flowing down your esophagus, some places it obviously shouldn't be. Heartburn remedy serves to suppress your stomach acid. Although this may be fine for short-term use, long-term use will cause problems because stomach acid is essential for our health. Add in the fact that these drugs do nothing to fix your problem, just hide it, and it makes you wonder why you haven't been looking for newer and better ways to manage your heartburn. Image via: Facebook. Prednisone is a steroid that is widely considered a miracle cure, working wonders to help people struggle with some diseases, such as arthritis, cancer, and immune disorders. Using it for more than a few weeks can cause problems, and using it for more than a few months can make it very risky to stop taking medication so you need professional help to wean yourself off. can cause high blood pressure, weight gain, osteoporosis, muscle weakness, and diabetes, among other problems. Image via: Wikipedia. When women go through menopause, their bodies stop producing as much estrogen as there is until then. This results in a variety of problems, some of which are completely uncomfortable while others are really dangerous. Dangerous. These women take hormone therapy drugs to get their estrogen levels higher to alleviate this problem. Long-term estrogen use comes with many documented problems, such as an increased risk of breast cancer, blood clotting, and dementia. Image via: Facebook. Antipsychotic drugs are used to treat a wide range of disorders ranging from mental health such as bipolar disorder or borderline personality disorder to more common health problems such as sleep or anxiety. Antipsychotic drugs are designed for people with schizophrenia. These drugs have limited testing available for how well they work for or whether they should be used long-term with other problems. Long-term use can result in weight gain or movement disorders. Elderly users can even be at higher risk for stroke. Image via: Wikipedia. Nasal congestion can be annoying, but you should not use it longer than the time period on the label. Taking medication for too long can actually make your congestion worse. It is not unusual for a person to be unable to breathe without the use of a long-term nasal spray. The nose becomes unable to clean itself, which means it becomes a necessary remedy for breathing from your nasal passages. (Image via Facebook) Methotrexate, along with other chemotherapy agents, is dangerous in the long run. It treats everything from arthritis to cancer, but comes at serious risk. It kills cells - all cells - regardless of the type of cell it kills. It is dangerous for pregnant women and their unborn children. This can cause fatal reactions in people who also take NSAED. Bone, liver, kidney, intestinal and immune problems are all related to this drug and its long-term use. Image via: Facebook. Benadryl is generally taken for allergies, but some people consider it a sleeping pill. No matter the reason, this drug can be dangerous long-term. Some people can become addicted to it, and the body will become dependent. Insomnia, nausea, anxiety, and constipation are just some of the symptoms a person can experience. Long-term use also affects mental cognition, especially in the elderly. This can lead to depression, fatigue, confusion, and even hallucinations. (Image via Pinterest) Tylenol is great for short-term use, but patients should think twice about using it long term. Recently, research has shown that scientists and doctors underestimate the risk of acetaminophen. Liver damage is the most common long-term side effect. Some drugs are converted into toxic metabolites that can harm liver cells. Reports say that the damage usually goes unnoticed until it is too late, making this drug Dangerous. T again, the World Health Organization advises people take no more than 325mg in one sitting to prevent liver damage, but many American brands have up to 500mg. Many people experience kidney damage after taking Tylenol for a long period of time. (Image via Facebook) Statins and blood thinners are often given a hand for to heart attack and heart disease. In some cases, statins can actually harm the liver. (Image via Facebook) In addition, long-term users have reported memory loss and muscle pain. Finally, statins may slightly increase the risk of Type 2 diabetes patients, especially in those with a family history of the condition. Laxatives may be necessary at any time and then, but constant daily use? It can be dangerous. Your body can get used to drugs and become dependent on them. Some older adults find themselves very constipated and compacted because their laxatives no longer work, and they need something stronger to cleanse themselves. The stomach eventually loses its inability to work properly, so it is best to go natural, if possible. (Image via Facebook) We have seen a significant increase in the number of shared prescriptions - a 40% increase between 2007 and 2011, resulting in 50 million prescriptions in 2011. In fact, about 10% of children take the drug today. It is an ADHD drug used to increase attention span. Having said that, we have seen it abused as a smart drug on school campuses everywhere as students seek to address the rigorous and stressful school system we have. The real problem with Adderall is chemistry. It increases serotonin, dopamine, and the drug bupropion in the brain, chemicals responsible for pleasure, reward, and motivation. In turn, the brain stops producing these chemicals. When you try to get off Adderall, your brain no longer functions how it should without crutches. Image via: Wikipedia. Blood thinners and anticoagulants, such as Warfarin, used in the long run can be problematic, to say the least. They are often prescribed for long-term use to protect people from heart attacks by thinning the blood, allowing it to flow more freely. One of the more serious, and surprisingly simple, problems that come from this is how easy it is to bleed. As your blood becomes thin, it becomes difficult for your blood to clot, which means the small pieces you can get while shaving or opening the letter may bleed far more than it should. Image via: Wikipedia. Oral decongestants are also bad long-term. Pseudoephedrine through the mouth long term can cause problems including seizures, hallucinations, headaches, and insomnia. Lingering congestion may also be a sign of a more significant problem, which needs to be taken care of quickly or it can cause other problems. Never take pseudoephedrine for more than seven days unless directed otherwise by a doctor. (Image via Facebook) Selective serotonin reuptake inhibitors, or SSRIs, are becoming increasingly common, but research indicates that they are long-term dangerous. People who use it long term can find it very challenging to stop. They go to a much worse withdrawal effect than their depression ever did. They report feelings of dry mouth, strange thoughts, and a sense of detachment from reality. (Image via Facebook) Albuterol may be possible a person during an asthma attack, but the danger comes when people use it more and more to control their asthma. Using it long term can begin to cause insomnia, agitation, and even upper respiratory effects. In fact, it is not uncommon for long-term users of albuterol to get nasal congestion, throat, and upper airways. (Image via Facebook) Some of these side effects can be avoided by switching from the pill version of the drug to the inhaler version. However, most of these symptoms can only be relieved by lowering the number of doses and the frequency of use. The opiate crisis has brought attention to the dangers of long-term narcotics use. No matter the strength of your will, your body becomes dependent on medicine. The pain that requires a prescription can get worse because of the drug. In addition, it can cause liver damage and constipation. The brain can also become damaged by hypoxia. Alot Health Team Writers Last Updated: July 02, 2020 2020

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